

SAHARA OASIS SUPPORTS

Building skills through community and creativity



Sahara Oasis Supports is a creative, warehouse-based community hub dedicated to empowering people of all abilities through meaningful, skill-based and socially engaging programs.



ABOUT OVERVIEW

Sahara Oasis Supports is a creative, warehouse-based community hub dedicated to empowering people of all abilities through meaningful, skill-based and socially engaging programs. We deliver NDIS-aligned supports that help participants build confidence, independence and purpose through hands-on learning, creativity and connection.

Our approach blends structured workshops, mentoring and community participation to create real-world outcomes that participants can see, feel and be proud of. From printing shirts and making coffee to boating adventures and DJ lessons, every session is built around choice, capability and belonging.

All programs are run by experienced support staff and industry mentors who are passionate about inclusion, creative education and positive behaviour support.

ABOUT OUR SERVICE

Sahara Oasis Supports provides a broad range of NDIS-aligned skill-building and social participation programs designed to meet goals across capacity building, daily living, employment, emotional regulation and community access.

Participants can choose from structured workshops, recreational learning or enterprise pathways – all in one supportive and inclusive space. Our programs are flexible and can be tailored to participant goals, support ratios and ability levels.



Our facility includes:

- A fully equipped screen-printing studio
- Creative workshop spaces for art, floristry, LEGO and model painting
- A barista training area with a professional coffee machine
- A digital media studio with gaming consoles, editing PCs and DJ decks
- A movie room and sensory chill zone
- Two campervans for travel and community adventures
- An in-survey vessel for boating and fishing programs
- Safe, open warehouse spaces for group sessions and creative projects

OUR PROGRAM STREAMS

All Sahara Oasis Supports programs are structured under seven signature streams – each forming part of the S.O.S. identity that underpins our vision:

1. **Sahara Oasis Skills** – creative and practical learning
2. **Sahara Oasis Studios** – digital media, music and gaming
3. **Sahara Oasis Sojourns** – adventure, travel and exploration
4. **Sahara Oasis Socials** – connection, community and animals
5. **Sahara Oasis Serenity** – mindfulness and wellbeing
6. **Sahara Oasis STEM** – science, technology, engineering and innovation
7. **Sahara Oasis Success** – enterprise and employment

SERVICE SUMMARY

Sahara Oasis Supports delivers engaging, outcomes-based workshops that promote life skills, independence and social confidence. Each program supports participant goals within NDIS plans, linking directly to outcomes such as:

- Increased independence and daily-living skills
- Improved communication and social participation
- Development of emotional regulation strategies
- Enhanced work readiness and employability
- Meaningful community inclusion and connection

EXAMPLES OF KEY PROGRAMS

Sahara Oasis Skills - Screen printing, barista training, floristry, 3D printing, LEGO workshops, Warhammer painting, stencil art, cooking and gardening.

Sahara Oasis Studios - Streaming, gaming, DJing, video editing, photography and podcasting.

Sahara Oasis Sojourns - Boating (in-survey vessel), kayaking, fishing, campervan travel and camping.

Sahara Oasis Socials - Dog-assisted programs, community outings and social nights.

Sahara Oasis Serenity - Mindfulness, creative wellbeing, stretching and sensory chill zones.

Sahara Oasis STEM - Robotics, coding, 3D printing, science and technology workshops.

Sahara Oasis Success - Supported enterprises including café service, printing, floristry, 3D products and grounds maintenance.



SAHARA OASIS SKILLS

Hands-on learning and creative trade experience



Overview

Participants learn through doing – building independence, confidence and pride through practical and creative experiences that encourage growth and achievement.

Screen Printing & Design

Learn design, colour separation and printing using professional equipment. Benefits: creativity, sequencing, teamwork. NDIS Links: employment readiness, fine-motor skills.

Barista Training & Café Service

Train on a barista-grade coffee machine, practise hygiene and customer service. Benefits: routine, focus. NDIS Links: employment, social interaction.

Floristry & Garden Creations

Create bouquets, terrariums and resin art with a qualified florist. Benefits: fine-motor precision, sensory calm. NDIS Links: self-expression, coordination.

3D Design & Printing

Model and print nameplates or sensory tools. Benefits: problem-solving, digital literacy. NDIS Links: communication, confidence.

LEGO Workshops

Build sets or original designs to encourage focus and teamwork. Benefits: concentration, creativity. NDIS Links: fine-motor control, problem-solving.

Warhammer & Miniature Painting

Paint detailed models to build patience and attention to detail. Benefits: focus, mindfulness. NDIS Links: fine-motor skills, emotional regulation.

Cooking & Life Skills

Plan and cook healthy meals. Benefits: independence, nutrition. NDIS Links: daily living, confidence.

Gardening & Sustainability

Grow herbs and vegetables and maintain gardens. Benefits: routine, responsibility. NDIS Links: wellbeing, life skills.

Grounds & Garden Crew (Training Stream)

Operate mowers and maintain grounds. Benefits: teamwork, routine. NDIS Links: employment readiness, life skills.

DIY & Upcycling Projects

Repurpose materials into practical or artistic items. Benefits: creativity, sustainability. NDIS Links: coordination, confidence.

Stencil Art & Spray Painting

Design and layer stencil artwork safely. Benefits: expression, focus. NDIS Links: confidence, fine-motor control

Paw-Print Art & Photography

Create art and photos featuring dogs. Benefits: expression, coordination. NDIS Links: creativity, communication.





Overview

Participants explore digital arts and media using high-end equipment to build creativity, confidence and collaboration.

Streaming & Media Production

Learn lighting, camera and editing for safe, positive content creation. Benefits: communication, teamwork. NDIS Links: digital literacy, self-expression.

Gaming & Teamwork Sessions

Cooperative games that encourage patience, strategy and connection. Benefits: social skills, focus. NDIS Links: communication, regulation.

DJ & Beat-Making

Create music using Traktor and Maschine hardware. Benefits: rhythm, sensory control. NDIS Links: emotional regulation, confidence.

Video Editing & Graphic Design

Edit footage and design promotional graphics. Benefits: planning, patience. NDIS Links: technology skills, communication.

Photography & Green-Screen Shoots

Experiment with lighting and composition. Benefits: creativity, self-expression. NDIS Links: social participation

Podcasting & Voice Work

Plan and record audio projects while learning structure and collaboration. Benefits: confidence, communication. NDIS Links: self-expression, teamwork.

Live Studio Events

Support live DJ, photography or podcast sessions. Benefits: leadership, teamwork. NDIS Links: confidence, participation.

SAHARA OASIS SOJOURNS



Adventure, travel and exploration



Overview

Safe, supported exploration through boating, kayaking, camping and travel builds confidence, resilience and independence.

Boating & River Confidence (In-Survey Vessel)

Experience boating and fishing on a surveyed, safety-compliant vessel. Benefits: teamwork, coordination. NDIS Links: community access, confidence.

Kayaking for Confidence

Use our Hobie tandem and single kayaks, designed for easy pedalling and stability. Benefits: strength, coordination, teamwork. NDIS Links: health, inclusion.

Fishing for Focus

Supervised fishing sessions teaching patience, knot-tying and resilience. Benefits: mindfulness. NDIS Links: emotional regulation, inclusion.

VanLife & Travel Skills

Plan, budget and pack for supported trips using Sahara campervans. Benefits: planning, adaptability. NDIS Links: daily living, community participation.

Weekend Skill Camps

Overnight programs developing teamwork and outdoor independence through cooking, setup and navigation. Benefits: leadership, confidence. NDIS Links: communication, independence

Camping & Outdoor Living

Practise safe fire use, camp cooking and group cooperation. Benefits: responsibility, social confidence. NDIS Links: life skills, community access.

SAHARA OASIS SOCIALS

Animals, community and connection



Overview

Animal-assisted programs and group outings that build trust, communication and friendship through shared experiences.

Animal Interaction & Care

Feed and groom dogs to develop empathy and trust. Benefits: responsibility, patience. NDIS Links: emotional regulation, social skills.

Walk-and-Talk Sessions

Relaxed walking sessions encouraging conversation and mindfulness. Benefits: movement, connection. NDIS Links: health, wellbeing.

Community Outings & Events

Supported trips to bowling, theme parks, markets and beaches. Benefits: independence, budgeting. NDIS Links: community access, social participation.

Circus Skills

Juggling, plate spinning, diablo, poi and unicycle practice promoting balance and confidence. Benefits: coordination, laughter. NDIS Links: communication, resilience.

Social Nights & Gatherings

BBQs, movie nights and board games at Sahara Oasis. Benefits: belonging, fun. NDIS Links: confidence, relationships.

SAHARA OASIS SERENITY

Mindfulness, creativity and wellbeing



Overview

Sahara Oasis Serenity helps participants develop emotional regulation and self-awareness through creative, mindful activities and calm spaces designed for relaxation and reflection.

Mindful Movie Mornings

Relaxed films followed by reflection or journaling. Benefits: empathy, focus. NDIS Links: emotional regulation, communication.

Stretch & Movement Sessions

Gentle guided movement to encourage relaxation and focus. Benefits: flexibility, regulation. NDIS Links: health, coordination.

Music for Calm

Explore sound and rhythm for emotional balance. Benefits: sensory control, creativity. NDIS Links: emotional awareness, sensory processing.

Art for Mindfulness

Calming creative projects to encourage focus and relaxation. Benefits: expression, concentration. NDIS Links: self-expression, confidence.

Journaling & Reflection

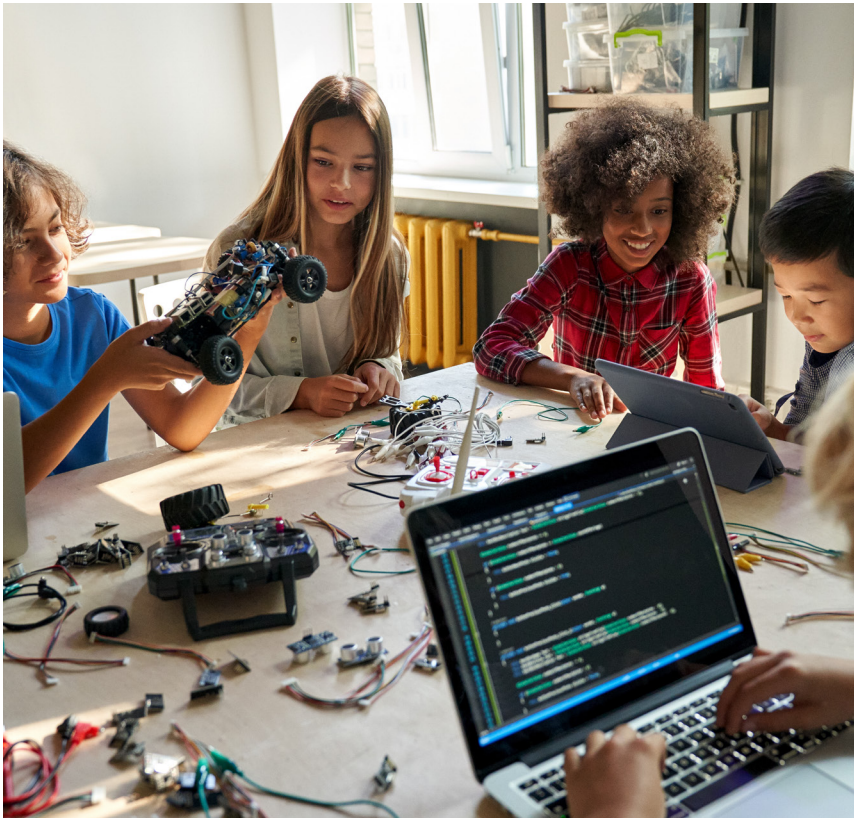
Guided writing to build insight. Benefits: awareness, confidence. NDIS Links: self-reflection, goal setting.

Sensory Chill Zone

Quiet space with soothing sounds and sensory tools. Benefits: calm, safety. NDIS Links: behaviour support, regulation.

SAHARA OASIS STEM

Science, technology, engineering and innovation



STEM, Tech & Innovation Workshops

NDIS Alignment: Cognitive skill-building, problem-solving, decision-making, communication and teamwork.

Robotics for Everyone – Build simple robots with LEGO Spike or Arduino kits; great for logic and teamwork.

Coding with Colour – Use Ozobots or Sphero robots that follow colour lines for accessible coding.

Assistive Tech Builders Lab – Design simple adaptive tools using 3D printers and household materials.

Drone Basics & Aerial Photography – Teaches coordination, responsibility and spatial awareness

STEM Explorers – Weekly hands-on science experiments: volcanoes, magnets, simple circuits.

VR & AR Exploration – Virtual reality tours (space, ocean, dinosaurs) that enhance focus and imagination.

Intro to AI & Chatbots – Teach how AI works through fun, non-intimidating examples.

Electronics 101 – Build small gadgets (buzzers, LED lamps, battery packs) using snap-circuit kits

Eco-Tech Projects – Solar phone charger builds, wind turbines or recycled-material engineering.

Minecraft Education World-Building – Problem-solving and collaboration through creative digital design.

Thinking, Puzzles & Strategy

NDIS Alignment- Executive functioning, focus, social participation and resilience.

Escape Room Logic Challenges – Adapted for accessibility; promotes teamwork and critical thinking

STEM Puzzles & Tinker Lab – Build marble runs, chain reactions and contraptions.

Chess & Strategy Games Club – Supports planning, patience and rule-based social skills.

Maths in Motion – Learn through games involving measurement, building and movement.

Problem-Solvers Squad – Weekly challenge (build a bridge, design a balloon car, etc.).

Science & Nature Exploration

NDIS Alignment: Curiosity, emotional regulation, sensory engagement and connection to environment.

Mini Scientists Lab – Safe experiments with colour changes, slime or chemical reactions.

Eco Detectives – Explore ecosystems, soil, bugs and water health testing.

Weather Watchers – Record local weather, learn about storms, rain and cloud tracking.

Astronomy Nights – Telescope viewing, star maps and glow-in-the-dark crafts.

Ocean Science Crew – Water testing, sand sample analysis and marine creature exploration.

Recycling & Upcycling Science – Turn waste into creative inventions.

Grow Your Own Lab – Sprouting seeds, measuring growth, tracking with photos and data charts.

Trades & Practical Skills

NDIS Alignment: Pathways to employment, physical coordination, problem-solving and confidence.

Woodwork & Tool Safety 101 – Build birdhouses, planters or simple shelves.

Bike & Scooter Maintenance – Learn repair and safety checks for mobility and independence.

Intro to Mechanics – Understand engines, change a tyre and use basic tools safely.

Recycled Furniture Restyle – Sanding, painting and decorating old furniture.

Basic Electrical Circuits – Learn how switches, lights and batteries work.

Build a Tiny House Model – TArchitectural fun with cardboard, popsicle sticks and teamwork.

DIY Home Repairs – Fixing handles, patching walls or basic plumbing understanding.

Digital Literacy & Future Skills

NDIS Alignment : Independence, inclusion in the digital world and confidence using technology.

Basic Computer Skills – Emails, online safety, typing and video calls.

Podcast Creation Studio – Learn planning, recording and storytelling.

YouTube / TikTok for Good – Teach responsible content creation and social confidence.

Digital Photography Editing – Combine tech and creativity using editing software.

3D Modelling & Printing for Beginners – Weekly challenge (build a bridge, design a balloon car, etc.).

Intro to Website & Logo Design – Build pages with drag-and-drop tools.

Gaming & Game Design Group – Explore accessible game-making tools.

Cyber Safety Bootcamp – Recognising scams, online boundaries and healthy screen use.

Environment, Animals & Outdoor Science

NDIS Alignment: Pathways to employment, physical coordination, problem-solving and confidence.

Mini Farm Science – Caring for chickens, measuring egg yield and feeding schedules.

Composting & Worm Farming – Environmental awareness and sensory input.

Beekeeping 101 (Observation Only) – ULearning pollination and honey processes safely.

Bushcraft & Survival Basics – Fire safety, shelter building and compass skills.

Water Testing & River Watch – Collect samples, measure clarity and learn about local ecosystems.

Wildlife Rescue Awareness – Partner with wildlife carers for hands-on experiences.



SAHARA OASIS SUCCESS



Enterprise, employment and purpose



Overview

Sahara Oasis Success turns skills into supported employment opportunities through microbusiness and workplace training. Participants learn teamwork, time management and responsibility while gaining real work experience

Screenprints Crew

Assist with printing, folding, tagging and packaging real orders. Benefits: responsibility, reliability, teamwork. NDIS Links: employment readiness, communication, routine.

Café Crew

Run the Sahara Oasis coffee bar during programs or events. Benefits: customer service, communication, confidence. NDIS Links: employment, social participation, life skills.

Studio Media Team

Record, edit and post Sahara Oasis content for online platforms. Benefits: digital literacy, teamwork, creativity. NDIS Links: communication, employment, confidence.

Floristry Market Stall

Prepare and sell floral and craft creations at markets. Benefits: planning, money handling, teamwork. NDIS Links: community access, employment, independence.

3D Print & Design Lab

Create and sell personalised or assistive items designed in-house. Benefits: technical skill, problem-solving, independence. NDIS Links: employment readiness, creativity, digital engagement.

Event & Showcase Crew

Help plan, promote and run Sahara Oasis exhibitions and music nights. Benefits: organisation, leadership, collaboration. NDIS Links: social participation, project planning, teamwork.

Grounds & Garden Crew (Enterprise Stream)

Apply horticultural skills in supported jobs on-site or in the community. Benefits: work experience, responsibility, teamwork. NDIS Links: supported employment, social inclusion, skill generalisation.

ABOUT SAHARA OASIS SUPPORTS

Sahara Oasis Supports combines creativity, learning and inclusion into a supportive environment that guides participants from skill development to independence, community connection and employment. Each program fosters pride, friendship and purpose while supporting NDIS goals.

GET IN TOUCH

0426 405 324

info@saharaoasissupport.com

www.saharaoasissupport.com

Building skills through community and creativity

FUNDING INFORMATION

All Sahara Oasis Supports programs can be accessed through NDIS Core and Capacity Building Supports, including Improved Daily Living, Increased Social and Community Participation, Improved Learning, and Finding and Keeping a Job,

Programs are designed to align directly with participant goals such as:

- Developing confidence, independence and communication skills
- Building daily-living capacity and emotional regulation strategies
- Expanding community participation and inclusion
- Strengthening vocational readiness and employment pathways

Peer Support group funding may be applied where programs involve teamwork, collaboration and shared learning. Transport and material costs can be included in participant plans as required.



SAHARA OASIS SUPPORT

Building skills through community and creativity